

# Happy New Year, SuperSib!



# Here are a few fun crafts to help you make some noise for the New Year!

## Paper Plate Tambourine

- Paper plate
- Markers, crayons or paint
- Dried beans, pasta or beads
- Ribbon curls
- Tape
- Glue or stapler



1. Paint or color the back of your plate.
2. Tape ribbons to the inside edge of the plate so they stick out.
3. Fold the plate in half, and add a handful of beans into the middle of the plate.
4. Have a parent help staple or glue the edges together.
5. Shake! Shake! Shake!



## Noisemaker Masks

- Paper plate or cardstock
- Markers, crayons, colored pencils
- Noisemaker
- Scissors



1. Doodle a larger-than-life-size mouth on the back of the plate or on card stock, and color it in.
2. With an adult's help, cut it out.
3. Cut a small "X" in the center of the mask so the noisemaker will fit snugly in place.
4. Slide the noisemaker through the X.
5. Party!

Hey, parents! Share your SuperSib's finished creations with us on Facebook @SuperSibsALSF or email SuperSibs@AlexsLemonade.org.

[SuperSibs.org](https://www.supersibs.org)



## Journal Prompt

Write/draw a goal or experience that you want to have for every month of 2025.